

Fin	Male		Female	
1976	---		---	
1977	---		---	
1978	---		---	
1979	---		---	
1980	Joseph Davis	Jefferson Jr. College	no comeptitors	
1981	---		---	
1982	no competitors	---	no comeptitors	
1983	---		---	
1984	no competitors	---	no comeptitors	
1985	Chris Lim	Iowa State University	no comeptitors	
1986	Luong Pham	Wright State University	Rachel Licht	University of California-Berkeley
1987	no competitors	---	Rachel Licht	University of California-Berkeley
1988	Chuck Flayler	Wright State University	no comeptitors	
1989	Hoang Ly	---	Sheila Donnelly	California State University-Hayward
1990	Thach "Todd" Nguyen	University of Iowa	Susan Palmer	John A. Logan College
1991	Christopher Shear	Iowa State University	no comeptitors	---
1992	Quintin Eng	Evergreen Valley College	Sheila Donnelly	California State University-Hayward
1993	Yung Suk Han	University of California-Berkeley	Michele Ali	University of California-Berkeley
1994	Yung Suk Han	University of California-Berkeley	Vu Huyen Chan	University of California-Berkeley
1995	Mario Reyes	Harold S. Washington College	Marlyn Ortiz	Miami-Dade Community College
1996	Jack Chen	University of California-Los Angeles	Kary Sheue-Yun Chen	University of California-Riverside
1997	James Tran-Pham	Rockland Community College	Cynthia Morgan	Indiana University
1998	Steven J. Cuenco	Fullerton College	Mayumi Pejo Spence	Ohio State University
1999	Quintin Eng	Foothill College	Esther Kim	University of Houston
2000	Luis Reyes	Los Angeles Pierce College	Zoraida Santiago-Gaston	Universidad de Puerto Rico
2001	Luis Reyes	Los Angeles Pierce College	Zoraida Santiago-Gaston	Universidad de Puerto Rico
2002	Michael Sia	University of California-Berkeley	Rachel Marcial	College of San Mateo
2003	Thomas Pham	George Washington University	Taren Ogata	Sacramento City College
2004	Daniel Elkowitz	Wharton County Junior College	Laura Chan	University of California-Berkeley
2005	Alfonso Tan	University of California-Berkeley	Laura Chan	University of California-Berkeley
2006	Gus Villa	East Los Angeles College	Erica Chan	Massachusetts Intitute of Technology
2007	John Duhart II	Menlo College	Rachel Marcial	University of Phoenix
2008	Justin Sawyer	Stanford University	Markie Keelan	California State University-Northridge
2009	Johnny Nguyen	Arizona State University	Samantha Holland	Iowa State University
2010	Johnny Nguyen	Arizona State University	Markie Keelan	California State University-Northridge
2011	Adrian Zambrano	Glendale Community College	Katherine Trinh	University of California-Berkeley

Fly	Male		Female	
1976	---		---	
1977	---		---	
1978	---		---	
1979	---		---	
1980	Glenn McCoy	Iowa State University	no comeptitors	
1981	---		---	
1982	no competitors	---	no comeptitors	
1983	Dae Sung Lee	University of Hawaii	---	
1984	no competitors	---	Kim Miller	University of North Dakota
1985	Milton Smith	Iowa State University	Andrée Leveque	Louisiana State University
1986	Sang Hon Cha	University of Oklahoma	Andrée Leveque	Louisiana State University
1987	Luong Pham	Wright State University	Susan Park	Wallace State Community College
1988	John Monroe	Brookhaven College	Susan Park	Wallace State Community College
1989	Sammy Pejo	State University of New York-Binghamton	Terry Poindexter	Rockhurst College
1990	Justin Poos	University of Central Oklahoma	Terry Poindexter	Rockhurst College
1991	Justin Poos	University of Central Oklahoma	Michele Ali	University of California-Berkeley
1992	Jose Dilag	El Camino College	Diana Radakovic	Los Angeles Harbor College
1993	Justin Poos	University of Central Oklahoma	Carmen Hsu	University of Minnesota
1994	James Stagen	University of Illinois-Chicago	Jaeran Ahn	University of California-Berkeley
1995	Antony Graf	Queensborough Community College	Michele Ali	University of California-Berkeley
1996	Jason Torres	Norton University	Jaeran Ahn	University of California-Berkeley
1997	Mike Song	Stephen F. Austin University	Nicole Drake	Iowa State University
1998	Jason Torres	Houston Community College	Stephanie Bowman	Wharton County Junior College
1999	Peter Lopez	Mount San Antonio College	Leah Mashburn	University Memphis
2000	Herriott Oliver	Universidad de Puetro Rico	Elisha Voren	Palm Beach Community College
2001	Chris Martinez	Pikes Peak Community College	Elisha Voren	Pikes Peak Community College
2002	Brian Gallagher	University of Wyoming	Danielle Pelham	Lake Washington Technical College
2003	Agustin Trigo de Serrano	Florida International University	Danielle Pelham	Lake Washington Technical College
2004	Alexander Soriano	San Jose State University	Danielle Pelham	Lake Washington Technical College
2005	Charles Arnell Smith	Prince George's Community College	Madeline Treschuk	Montgomery Community College
2006	James Howe II	Diablo Valley College	Danielle Pelham	Lake Washington Technical College
2007	Pano Giannakopoulos	Wharton County College	Rebecca Hayes	Edison College
2008	Matthew Stefanski	Johnson & Wales University	Samantha Holland	Iowa State University
2009	James Howe II	Diablo Valley College	Olivia Ngai	University of California-Berkeley
2010	Tyler Sawyer	Santa Clara University	Alyssa Rosenberg	Broward College
2011	Tyler Sawyer	Santa Clara University	Jazzymynn Paguirigan	Los Medanos College

Bantam	Male		Female	
1976	---		---	
1977	---		---	
1978	John Bailey	Howard University	---	
1979	---		---	
1980	Shanrokh Zangham	Iowa State University	Melanie Tantisira	Washington University
1981	---		---	
1982	Fariborz "Frankie" Roohparvar	Iowa State University	Barbara Brand	California State University-Hayward
1983	Frederick D. Lewis Jr.	Howard University	---	
1984	Jimmy Yi	Iowa State University	Laura Bonner	Howard University
1985	John Beaupre	Louisiana State University	Charlotte Fuchs	Stark Technical College
1986	Clayton Barber	Richland Community College	Laura Bonner Phillip	Howard University
1987	John Beaupre	Louisiana State University	Terry Poindexter	Rockhurst College
1988	Dong S. Lee	Eastfield Community College	Terry Poindexter	Rockhurst College
1989	Marcus Park	University of Oregon	Ginean Hatter	University of Virginia
1990	Marcus Park	Portland Community College	Ginean Hatter	University of California-Berkeley
1991	Elbert Kim	University of California-Berkeley	Lynn Sylmar	Gulf Coast College
1992	Joey Febres	American River College	Tracy Hanna	University of California-Berkeley
1993	Ruben Gayon	Miami-Dade Community College	Michelle Thompson	University of North Carolina-Greensboro
1994	Steven S. Lee	University of Colorado-Colorado Springs	Michelle Thompson	University of North Carolina-Greensboro
1995	Craig DeRosa	Ithaca College	Jill Herman	Northwest College of Chiropractic
1996	David Wilch	DeKalb University	Sayuri Kelly	Boston University
1997	Sang Rowand	Western Washington University	Nancy Vuong	University of California-Berkeley
1998	Jin H. Suh	Queensborough Community College	Linda Buell	University of California-Berkeley
1999	Nadeem Ashraf	San Jacinto College	Linda Buell	University of California-Berkeley
2000	Peter Lopez	Mount St. Joseph College	Linda Buell	University of California-Berkeley
2001	Jared Gullekson	University of Oklahoma	Kristina Brooks	Montgomery Community College
2002	Alvin Marquez	University of California-Berkeley	Rebecca Peterson	Edison College
2003	Brian Gallagher	University of Wyoming	Melody Feldman	George Washington University
2004	George Cortes	Portland Community College	Tanya Paterno	Cornell University
2005	Jesus Armendariz	San Jacinto Community College	Jaime Houston	Northern Virginia Community College
2006	George Cortes	Portland Community College	Naomi Santa Maria	University of Pennsylvania
2007	Kenneth Carter Jr.	University of South Carolina	Jesika Torres	American Sports University
2008	Jermaine James	Edison College	Danielle Holmquist	Florida International University
2009	Jason Hwang	California State University-San Bernardino	Simone DeVito	Pace University
2010	Stepfon Westbrook	California State University-Northridge	Aziza Chambers	University of Dayton
2011	Stepfon Westbrook	California State University-Northridge	Aziza Chambers	University of Dayton

Feather	Male		Female	
1976	Chuck Tweedy	University of California-Berkeley	---	
1977	---		---	
1978	---		---	
1979	---		---	
1980	Wayne Brown	Jefferson Jr. College	Patti McCoy	Iowa State University
1981	Frederick D. Lewis Jr.	Howard University	---	
1982	Frederick D. Lewis Jr.	Howard University	Virginia Yao	University of California-Berkeley
1983	Han Won Lee	University of Michigan	---	
1984	Kevin Padilla	Essex County College	Angela Stewart	Howard University
1985	Han Won Lee	University of Michigan	Charisse Garwood	Purdue University
1986	Chris Spence	Ohio State University	Caroline Colonna	University of California-Berkeley
1987	Kevin Padilla	Hudson County Community College	Susan Lamb	Iowa State University
1988	Clayton Barber	Eastfield Community College	Elaine Serina	University of California-Berkeley
1989	Dong S. Lee	Eastfield Community College	Mary Horvith	---
1990	William Latimer	Indiana University	Kimberly Brown	University of Central Florida
1991	Raphael Park	University of Washington	Janet Glassman	Wright State University
1992	Steve Azar	Gavilan Jr. College	Kimberly Wakefield	University of Minnesota
1993	Raphael Park	University of Washington	Kimberly Wakefield	Northwest College of Chiropractic
1994	Guillermo Mosquera	Miami-Dade Community College	Kimberly Wakefield	Northwest College of Chiropractic
1995	Raphael Park	University of Washington	Merideth Cleary	Mankato State University
1996	Steve Rosbarsky	University of Montana	Debra Palazzi	University of North Carolina
1997	John Eing	University of California-Berkeley	Jennifer Srutowski	California State Polytechnic University-Pomona
1998	Steven Lopez	Wharton County Junior College	Jennifer Srutowski	California State Polytechnic University-Pomona
1999	Jason B. Han	University of California-Berkeley	Jennifer Mohammed	Hofstra University
2000	Mark Lopez	University of St. Thomas	Jennifer Srutowski	California State Polytechnic University-Pomona
2001	Mark Lopez	University of St. Thomas	Stephanie Beckel	University of Hawaii
2002	Mark Lopez	University of St. Thomas	Tanya Paterno	Cornell University
2003	Anthony Bell	University of Colorado-Colorado Springs	Stephanie Beckel	Pikes Peak Community College
2004	Edwin Ruiz	Seton Hall University	Nancy Archambault	Massachusetts Intitute of Technology
2005	Terrence Jennings	Northern Virginia Community College	Andrea Velazquez	Florida International University
2006	Terrence Jennings	Northern Virginia Community College	La Shondra Rawls	Prince George's Community College
2007	William Rider	Troy University	Stephanie Beckel	University of Miami
2008	Kenneth Carter Jr.	University of South Carolina	Naomi Santa Maria	University of California-Los Angeles
2009	Terrence Jennings	Northern Virginia Community College	Aziza Chambers	University of Dayton
2010	Jensen Ishida	University of Hawaii-Manoa	Cheryl Krause	George Mason University
2011	Jensen Ishida	University of Hawaii-Manoa	Shaina Krause	George Mason University

Light	Male		Female	
1976	---		---	
1977	Wendell Flowers	Howard University	---	
1978	---		---	
1979	---		---	
1980	Kim Kislin	University of Akron	Joni Griffith	Iowa State University
1981	---		---	
1982	Chong Kim	Chabot College	Laura Bonner	Howard University
1983	Phillip Cunningham	Howard University	---	
1984	Alan Kouyate	Howard University	Milana Marsenich	Montana State University
1985	Steven Capener	Montana State University	Victoria Johnson	Montana State University
1986	Steven Capener	Montana State University	Dana Hee	Canada College
1987	Jimee Choi	University of Maryland	Julie Werhnyak	University of Illinois-Chicago
1988	Dong S. Shinn	University of Missouri-Rolla	Julie Werhnyak	University of Illinois-Chicago
1989	Erick Eckholm	---	Kristi Koch	Indiana University
1990	Nick Terstenjak	University of Montana	Nancy Ferguson	Ohlone College
1991	Doug Baker	Otterbein College	Jennifer Srutowski	Lewis University
1992	Nick Terstenjak	University of Montana	Linda Buell	Pepperdine University
1993	Jean Lopez	Wharton County Junior College	Anna Kim	University of California-Berkeley
1994	Anthony Horne	Christopher Newport University	Anna Kim	University of California-Berkeley
1995	Joseph Ash	Christopher Newport University	Anna Kim	Kent State University
1996	Harold Houston	Howard University	Kelly Thorpe	University of Central Oklahoma
1997	Tae H. Kim	University of Illinois-Chicago	Jennifer Mohammed	Hofstra University
1998	Harold Houston	Howard University	Elizabeth Mohammed	Hofstra University
1999	John Campos	William Paterson University	Elizabeth Mohammed	Hofstra University
2000	Tae H. Kim	University of Illinois-Chicago	Kelly Thorpe	University of Washington
2001	Antony Graf	Pikes Peak Community College	Elizabeth Mohammed	Hofstra University
2002	Efren Carrillo	University of California-Berkeley	Darcy Kimmich	University of Denver
2003	Jason Neville	University of Central Oklahoma	Darcy Kimmich	University of Denver
2004	Daniel Fath	Iowa State University	Colleen Schneider	University of California-Berkeley
2005	Brandon Meek	Los Angeles Pierce College	Andrea Ferkile	University of Colorado-Colorado Springs
2006	Trevor Neville	University of Central Oklahoma	Suad Jafarzadeh	Montgomery Community College
2007	Trevor Neville	University of Central Oklahoma	Nia Abdallah	American Sports University
2008	Stefan Webb	Metropolitan State College of Denver	Ana Portillo	Stanford University
2009	Steven Lin	Rutgers University	Emma Wu	Harvard University
2010	William Rider	Troy University	Amber Means	University of Houston
2011	Alexander Ahlstrom	California State University-Northridge	Jennifer Daye	University of Central Oklahoma

Welter	Male		Female	
1976	---		---	
1977	---		---	
1978	---		---	
1979	---		---	
1980	Oren Gautreaux	Penn Valley Community College	Lisa Dunn	Howard University
1981	Michael Kim	DeAnza College	Gloria DuBissette	Howard University
1982	James Gilliland	University of California-Santa Clara	Leslie Cone	Howard University
1983	Ruben Figueroa	---	---	
1984	Andrew Nogueira	University of Cincinnati	Lisa Kajisa	University of California-Berkeley
1985	Michael Kim	California State University-Hayward	Suzanna Mirjanic	Triton Jr. College
1986	Michael Kim	California State University-Hayward	Arlene Limas	DePaul University
1987	John Correnti	John Carrol College	Arlene Limas	DePaul University
1988	Timothy Thornburg	Montana State University	Kristi Koch	Indiana University
1989	James Choi	Santa Monica College	Arlene Limas	DePaul University
1990	James Villasana	Eastfield College	Katherine Grundmann	Cornell University
1991	Richard Ahn	University of Illinois-Chicago	Regina Pluth	University of Minnesota
1992	Troy Garr	Mission College	Regina Pluth	University of Minnesota
1993	Troy Garr	Mission College	Elizabeth Garrett	University of California-Berkeley
1994	Jean Lopez	University of Colorado	Bonnie Harrison	Iowa State University
1995	Troy Garr	San Jose State University	Bonnie Harrison	Iowa State University
1996	Troy Garr	San Jose State University	Barbara Kunkel	Pikes Peak Community College
1997	John Drath	University of Oregon	Bonnie Harrison	Iowa State University
1998	Thomas E. Lynn Jr.	Wichita State University	Bonnie Harrison	Iowa State University
1999	Josh Coleman	Forsythe Technical College	Bonnie Harrison	Iowa State University
2000	Josh Coleman	Forsythe Technical College	Andrea Ferkile	University of Southern Florida
2001	Jeremy Evans	University of Iowa	Charity Maclay	Wellesley College
2002	Justin Callison	Butler Community College	Andrea Velazquez	Pratt Institute
2003	Salim Oden	North Carolina State University	Nicole Bright	University of Miami
2004	Amir Khillah	Western Michigan University	Danielle Young	Indiana University
2005	Rudford Hamon	Florida International University	Youngshin Chang	University of Maryland-College Park
2006	Jason Neville	University of Central Oklahoma	Nia Abdallah	American Sports University
2007	Cody Aguirre	City College of San Francisco	Darcy Kimmich	University of Denver
2008	Jayson Grant	Quinsigimond College	Marissa Yarmie	West Point-US Military Academy
2009	Thomas Beirne	West Point-US Military Academy	Bonny Su	University of Texas-Austin
2010	Thomas Lee	Stanford University	Marissa Yarmie	West Point-US Military Academy
2011	Phillip Yun	University of the Pacific	Tasha Pruter	University of Missouri-Kansas City

Light Middle			no women's division	
1976	---		no women's division	
1977	---		no women's division	
1978	---		no women's division	
1979	Danny Anthony Everett	Howard University	no women's division	
1980	James Stewart	Howard University	no women's division	
1981	---		no women's division	
1982	Michael Kim	DeAnza College	Sharon Jewell	Howard University
1983	Kareem Ali Jabbar	University of Illinois-Chicago	no women's division	

Middle	Male		Female	
1976	---		---	
1977	---		---	
1978	Bernard Madison	Howard University	Marcia Hall	San Jose State University
1979	---		Marcia Hall	San Jose State University
1980	Neill Ollehli	Howard University	Danielle Johnson	Howard University
1981	---		---	
1982	Robert Vassar	Yale University	Lydia Zele	University of California-Berkeley
1983	Michael Kim	California State University-Hayward	---	Howard University
1984	Herbert Perez	William Paterson University	Gloria Groth	Iowa State University
1985	Herbert Perez	William Paterson University	Christina Bair	Iowa State University
1986	Claus Smith	South Dakota State University	Marie Gollin	East Stroudsburg University
1987	Ronald Salvador	University of California-Berkeley	Joanna Diaz	Hillsborough Community College
1988	Joel Henke	Chattanooga State Community College	Linda Pitzer	Iowa State University
1989	---		Linda Pitzer	Iowa State University
1990	James Choi	Santa Monica College	Jennifer Laney	University of Tulsa
1991	James Choi	Santa Monica College	Jennifer Laney	University of Tulsa
1992	Sherman Spinks	Howard University	Kim McLaughlin	University of Minnesota
1993	John Eric Ladd	Kennesaw State University	Laura Kistler	University of Michigan
1994	Allen McDaniel	Christopher Newport University	Laura Kistler	University of Michigan
1995	Chris Zapata	University of California-Berkeley	Sabrina Desormes	Queensborough Community College
1996	Hee Sung Shin	Wayne State University	Anna Kim	University of California-Berkeley
1997	Ken Hance	University of North Carolina-Greensboro	Rebecca Nally	University of Oregon
1998	Tim O'Connell	Boston University	Angela Guzman	Boston University
1999	Richard An	Pikes Peak Community College	Amy Blyth	College of Mount St. Joseph
2000	William Palmieri	Rutgers University	Alyssa Marlenee	Fergus Falls Community College
2001	Thomas Thomson	University of Oklahoma	Christina Park	Massachusetts Institute of Technology
2002	Donovan Beswick	University of Oklahoma	Christina Park	Massachusetts Institute of Technology
2003	Yong Seong Chang	George Washington University	Christina Park	Massachusetts Institute of Technology
2004	Paul McCord	Cornell University	Christina Park	Massachusetts Institute of Technology
2005	Jeremy Evans	University of Iowa	Rachell Calhoun	Kalamazoo Community College
2006	Jason McEuin	City College of San Francisco	Sanaz Shahbazi	American Sports University
2007	Fredson Gomes	Northeastern University	Christine Beckel	Reed College
2008	Dennis Rudasill	Oklahoma State University	Dalia Avivi	Broward Community College
2009	Jayson Grant	Quinsigimond College	Brandi Powers	Stevenson University
2010	Bradley Graham	George Mason University	Blanca Quezada	Arizona State University
2011	Jared Reed	American River College	Blanca Quezada	Arizona State University

Light Heavy			no women's division	
1976	---		no women's division	
1977	---		no women's division	
1978	Samuel Alpha	Howard University	no women's division	
1979	---		no women's division	
1980	Ivan Sheerill	Southeast Missouri State University	no women's division	
1981	Rick Chaeff	Foothill College	no women's division	
1982	Samuel Alpha	Howard University	no women's division	
1983	Richard Gayton	University of California-Berkeley	no women's division	

Heavy	Male		Female	
1976	Virgil Baker	University of California-Berkeley	Lenea Van Ahn	University of California-Berkeley
1977	---		---	
1978	Kim Royce	University of California-Berkeley	---	
1979	Kim Royce	University of California-Berkeley	---	
1980	Kim Royce	University of California-Berkeley	Sharon Jewell	Howard University
1981	Kim Royce	University of California-Berkeley	---	
1982	Kim Royce	University of California-Berkeley	Adrienne Pitts	University of California-Berkeley
1983	Christopher Galloway	Howard University	---	
1984	Lance Farrell	Iowa State University	Donna Jones	Howard University
1985	Paris Amani	Barat College	Sally Sennebagen	Triton Jr. College
1986	Scott Miranti	Montana State University	Kim Ward	Howard University
1987	Emmett "Todd" Tademy	Kellogg Community College	Linda Pitzer	Iowa State University
1988	Emmett "Todd" Tademy	Kellogg Community College	no comeptitors	---
1989	Torrey Lyons	University of California-Berkeley	---	---
1990	George Weissfisch	University of Houston	Shana Milkie	University of Michigan
1991	George Weissfisch	University of Houston	Anna Widehov	University of Washington
1992	Josh Soldo	University of Minnesota	Christina Bayley	University of Dayton
1993	Eui Yong Lee	St. Cloud State University	Christina Bayley	University of Dayton
1994	William Lee	University of Alabama	Christina Bayley	University of Dayton
1995	Larry Lucas	Franklin University	Dora McCarty	Wright State University
1996	George Weissfisch	South Texas College of Law	Christina Bayley	University of Dayton
1997	Brant Bertrand	University of Central Oklahoma	Miranda Hinrichs	Iowa State University
1998	Larry Lucas	Kent State University	Miranda Hinrichs	Iowa State University
1999	Michael Tang	Pikes Peak Community College	Miranda Hinrichs	Iowa State University
2000	Stewart Gill	Kent State University	Amy Blyth	College of Mount St. Joseph
2001	Steven Ostrander	Texas A&M University	Jamie Hamilton	University of Miami-Ohio
2002	Steven Ostrander	Texas A&M University	Carolyn Crowley	Davenport University
2003	Steven Ostrander	Texas A&M University	Lauren Cahoon	University of Miami
2004	Ben Brooks	Iowa State University	Lauren Cahoon	University of Miami
2005	John Kimmich	Colorado State University	Megan Pittenger	West Point-US Military Academy
2006	John Kimmich	University of Colorado-Denver	Marissa Holzer Panzarella	University of Missouri
2007	Stephen Lambdin	Texas Christian University	Marissa Holzer Panzarella	Florida Gulf Coast University
2008	Stephen Lambdin	Texas Christian University	Lauren Cahoon	Miami International University of Art & Design
2009	Jeremy Evans	Drake University	Amanda Nissen	University of North Texas
2010	Stephen Lambdin	California Lutheran University	Amy Maillet	Brandeis University
2011	Stephen Lambdin	California Lutheran University	Danielle Harrison	Johnson & Wales